Pregestimil® Infant Formula Powder Preparation at Various Dilutions Using 1 Scoop of Powder

Note: Powdered products are not commercially sterile and should not be fed to premature or immunocompromised infants, unless clinically required, and then under strict medical supervision of preparation and use.

Desired Calories per Fluid Ounce	Volume of Water (fl oz) Add 1 Scoop Powder* to Indicated Volume of Water	Formula Yield (fl oz)
15 Cal/fl oz	2.7	3.0
20 Cal/fl oz	2.0	2.2
22 Cal/fl oz	1.8	2.0
24 Cal/fl oz	1.6	1.9
26 Cal/fl oz	1.5	1.7
27 Cal/fl oz	1.4	1.6
28 Cal/fl oz	1.4	1.6
30 Cal/fl oz	1.2	1.5

^{*}Pregestimil® Powder should be measured with a **packed**, **level** scoop, using the scoop enclosed in the can.

Fluid ounce measure are provided for convenience when a larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to the nearest 0.1 fl oz.

One-half fl oz of water can be measured using one tablespoon (1 Tbsp water = ½ fl oz water).

Powders mix best when added on top of water. Add powder, then close the bottle and shake for about 5 seconds. The number of scoops and the amount of water can be doubled or tripled to make a larger volume.

One packed scoop of Pregestimil powder (8.9g) provides 45 Calories.

One packed scoop of Pregestimil powder displaces about 7 mL, or 0.2 fl oz water.

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