

Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ EnfaCare®



Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	2 Scoops + 1 teaspoon (tsp)
<input type="checkbox"/>	11 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ EnfaCare®



Breast Milk Fortification

with Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 Scoop

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ EnfaCare®



Breast Milk Fortification

with Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ EnfaCare®



Breast Milk Fortification

with Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories
per fluid
ounce

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops + 1 teaspoon (tsp)

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ EnfaCare®



Breast Milk Fortification

with Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Infant

Breast Milk Fortification

with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Infant

Breast Milk Fortification

with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Infant

Breast Milk Fortification

with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6 fl oz	+	4 Scoops + 1 teaspoon (tsp)

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Infant

Breast Milk Fortification

with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Gentlease®



Breast Milk Fortification

with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Gentlease®



Breast Milk Fortification

with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 Scoops + 2 teaspoon (tsp)

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Gentlease®



Breast Milk Fortification

with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Gentlease®

Breast Milk Fortification

with Enfamil NeuroPro Gentlease Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____ Date: _____

Healthcare Provider: _____

Nutramigen® with Enflora™ LGG®* Toddler

Increased Calorie Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



TO MAKE	✓	Initial Water Volume (fluid oz)	+	Powder to Add
24 Calories per fluid ounce:	<input type="checkbox"/>	8 fl oz		5 Scoops, packed
27 Calories per fluid ounce:	<input type="checkbox"/>	7 fl oz		5 Scoops, packed
30 Calories per fluid ounce:	<input type="checkbox"/>	5 fl oz		4 Scoops, packed

Note: Nutramigen with Enflora LGG Toddler powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: _____

Date: _____

Healthcare Provider: _____

Nutramigen® with Enflora™ LGG®*

Breast Milk Fortification

with Nutramigen with Enflora LGG Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops, packed

Note: All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: _____ Date: _____

Healthcare Provider: _____

Nutramigen® with Enflora™ LGG®*

Breast Milk Fortification

with Nutramigen with Enflora LGG Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	3 Scoops, packed

Note: All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: _____ Date: _____

Healthcare Provider: _____

Nutramigen® with Enflora™ LGG®*



Breast Milk Fortification

with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops, packed + 2 teaspoon (tsp)

Note: All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: _____ Date: _____

Healthcare Provider: _____

Nutramigen® with Enflora™ LGG®*



Breast Milk Fortification

with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops, packed + 2 teaspoon (tsp)

Note: All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil A.R.™

Breast Milk Fortification

with Enfamil A.R. Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil A.R. fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil A.R. powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil A.R.™

Breast Milk Fortification

with Enfamil A.R. Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil A.R. fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil A.R. powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® Reguline®

Breast Milk Fortification

with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® Reguline®

Breast Milk Fortification

with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® Reguline®

Breast Milk Fortification

with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® Reguline®

Breast Milk Fortification

with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2.5 fl oz	+	2 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Sensitive



Breast Milk Fortification

with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	3 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Sensitive



Breast Milk Fortification

with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Sensitive



Breast Milk Fortification

with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil NeuroPro™ Sensitive



Breast Milk Fortification

with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____



Enfamil® ProSobee®

Breast Milk Fortification

with Enfamil ProSobee Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	3 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® ProSobee®

Breast Milk Fortification

with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	3 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____



Enfamil® ProSobee®

Breast Milk Fortification

with Enfamil ProSobee Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil® ProSobee®

Breast Milk Fortification

with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____



PurAmino™

Breast Milk Fortification with PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the PurAmino fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4.5 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: _____

Date: _____

Healthcare Provider: _____



PurAmino™

Breast Milk Fortification with PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the PurAmino fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: _____

Date: _____

Healthcare Provider: _____

PurAmino™

Breast Milk Fortification with PurAmino Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the PurAmino fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	3.5 fl oz	+	5 Scoops

Note: All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: _____

Date: _____

Healthcare Provider: _____



PurAmino™

Breast Milk Fortification with PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the PurAmino fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2.5 fl oz	+	4 Scoops

Note: All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: _____ Date: _____

Healthcare Provider: _____

PurAmino™ Jr.

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



TO MAKE	✓	Initial Water Volume (fluid oz)		Powder to Add
40 Calories per fluid ounce:	<input type="checkbox"/>	2 fl oz	+	3 Scoops

TO MAKE	✓	Initial Water Volume (fluid oz)		Powder to Add
45 Calories per fluid ounce:	<input type="checkbox"/>	3 fl oz	+	5 Scoops + 1 teaspoon (tsp)

Note: PurAmino Jr. powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.

PURAMINO™

Patient: _____

Date: _____

Healthcare Provider: _____

Pregestimil®

Breast Milk Fortification with Pregestimil Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Pregestimil fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
22 Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops, packed

Note: All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Pregestimil[®]

Breast Milk Fortification with Pregestimil Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Pregestimil fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
24 Calories
per fluid
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops, packed

Note: All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Pregestimil®



Breast Milk Fortification with Pregestimil Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Pregestimil fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
27 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops, packed

Note: All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: _____

Date: _____

Healthcare Provider: _____

Pregestimil®

Breast Milk Fortification with Pregestimil Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Pregestimil fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE
30 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE
30 Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops, packed

Note: All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.

