

# Portagen® Powder

## Preparation at Various Concentrations

**Note:** Portagen is a medical food for children and adults. It is not indicated for use as an infant formula. Powdered products are not commercially sterile and should not be used for immunocompromised patients, unless clinically required, and then under strict medical supervision of preparation and use.

### Ratio Per One Scoop

<u>Calories Desired</u>		<u>1 Scoop* Powder (9.4 g) added to indicated Volume of Water†, mL (fl oz)</u>	<u>Formula Yield, mL (fl oz)</u>
<u>per fl oz</u>	<u>per mL</u>		
20	0.68	58 (2.0)	65 (2.2)
22	0.74	52 (1.8)	59 (2.0)
24	0.81	47 (1.6)	54 (1.8)
27	0.91	41 (1.4)	48 (1.6)
30	1.01	37 (1.2)	44 (1.5)

### Yield: About One Quart

<u>Calories Desired</u>		<u>Amount of Powder</u>		<u>Amount of Water†, fl oz</u>
<u>per fl oz</u>	<u>per mL</u>	<u>Grams</u>	<u>Approximate Household Measures*</u>	
20	0.68	136	1 cup + 2 T	28.5
22	0.74	150	1 cup + 3 T + 2 tsp	28
24	0.81	163	1-1/3 cups	28
27	0.91	184	1-1/2 cups	27.5
30	1.01	203	1- 2/3 cups	27

\*Scoops and household measures of Portagen should be packed, level measures. Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required. Each packed, level household measuring cup of powder provides approximately 122 grams and 570 Calories.

†When accuracy is essential, mL measurements should be used. Fluid ounce measures are provided for convenience when larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to nearest 0.1 fluid ounce. One-half fluid ounce of water can be measured using one Tablespoon (1 Tbsp = 1/2 fluid ounce water).