

**Enfamil PREMIUM® Infant Formula Powder**  
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**NOTE: Powdered products are not commercially sterile and should not be used for premature or immunocompromised patients unless clinically required, and then under strict medical supervision of preparation and use.**

<b>Calories Desired</b> Kcal/fl oz	<b>Amount of Powder</b> <b>Grams</b> (Approximate Household Measures*)	<b>Amount of</b> <b>Water</b> Fluid Ounces
10	63 g (1/2 cup + 1 Tbsp)	30.5
15	95 g (3/4 cup + 1 Tbsp + 1 tsp)	29.5
20	127 g (1 cup + 2 Tbsp)	28.5
22	139 g (1 cup + 3 Tbsp + 2 tsp)	28.5
24	152 g (1-1/3 cup + 1 tsp)	28
26	165 g (1-1/3 cup + 2 Tbsp)	27.5
27	171 g (1-1/2 cup + 1 tsp)	27.5
28	177 g (1-1/2 cups + 1 Tbsp)	27.5
30	190 g (1-2/3 cup + 1 tsp)	27

\*Household measures of Enfamil Infant should be unpacket, level, standard measures

Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required.

One-half fluid ounce of water can be measured using one Tablespoon (1 Tbsp water = ½ fl oz water)