

## Preparation Instructions

### Enfagrow® Toddler Transitions® Formula Powder

#### Dilutions Per 1 Scoop

Calorie Density	1 Unpacked, Level Scoop (9g) of Powder added to indicated volume of water		Yield	
per fl oz	mL	fl oz	mL	fl oz
20	60	2.0	67	2.3
24	49	1.6	55	1.9
27	42	1.4	49	1.7
30	37	1.3	44	1.5

The number of scoops and the amount of water to add can be doubled or tripled to make a larger volume.

One scoop of Enfagrow® Toddler Transitions® powder (9 g) provides 45 calories.

#### To Make ~ 1 Quart (32 fluid ounces)

Caloric Density	Amount of Powder		Amount of water (Fluid ounces)
Per fl oz	Grams	Approximate household measures*	
20	129 g	1 1/3 cups	28.5
24	155 g	1 ½ cups + 1 Tbsp + 2 tsp	28.0
27	174 g	1 ¾ cups + 2 tsp	27.5
30	193 g	2 cups	27.0

\*Unpacked, level

Weighing powder product provides the most accurate final preparation. Approximate household measures are provided as a convenience when a precise dilution is not required.

Powders mix best when added *on top* of water. One-half fluid ounce of water can be measured using one Tablespoon (1 Tbsp water= ½ fl oz of water).