

PREPARATION INSTRUCTIONS

Enfagrow® PREMIUM™ Toddler Natural Milk Flavor Nutritional Drink Powder and Enfagrow® PREMIUM™ Toddler Vanilla Flavor Nutritional Drink Powder (Yields about 1 Quart)

Calories Desired, fl oz	Amount of Powder		Amount of Water, fl oz
	grams	Approximate Household Measurements*	
24	173 g	1-1/2 cups + 1 Tbsp + 2 tsp	27.7
26	187 g	1-2/3 cups + 1 Tbsp	27.3
27	195 g	1-3/4 cup + 1 Tbsp	27.1
28	200 g	1-3/4 cup + 1 Tbsp + 2 tsp	27
30	220 g	2 cups + 1 tsp	26.5

Dilutions Per 1 Scoop		
Calories Desired, per fl oz	1 Scoop Powder (12 g) added to indicated Volume of Water*, fl oz (mL)	Formula Yield, fl oz (mL)
24	1.9 (56)	2.2 (65)
26	1.7 (51)	2.0 (60)
27	1.7 (49)	2.0 (58)
28	1.6 (47)	1.9 (56)
30	1.5 (43)	1.8 (52)

*Unpacked, level containers

Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required.

One scoop (12 g) has 53 calories. One scoop displaces about 0.3 fl oz water.

One-half fluid ounce of water can be measured using one tablespoon (1 Tbsp water = 1/2 fl oz water).